



Statement of Reflection

The following questions are a suggested guide to help teachers reflect and report upon their teaching and learning experiences.

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What **new learning** related to teaching have I encountered in the past 5 years?

(Mention professional development courses, workshops, books read, significant articles or videos that have influenced your teaching, and/or new strategies that you have observed.)

What **new strategies** have I implemented in my teaching based on the learning I've noted in the previous question?

(Focus on the most important, also called best practices)

How have these strategies **improved student learning**?

(Mention observable and measurable outcomes, specific incidents or projects.)

How have your practices **influenced your colleagues, and school community**?

(These are incidents related to sharing learning.)

What has been your experience with learning as part of a **community** and how has this improved your teaching practices?

(Write about any experience related to collaborating with other teachers to learn together.)

How have you **grown as a teaching professional**, and what is your **professional development plan** for the coming years?

(Areas in which you have gained expertise and other areas where you intend to grow.)

Summarize what you have written in the paragraphs above to create your reflection statement.